



Free Sports Physicals

Sponsored by
Vancouver Public Schools
Family Medicine of Southwest Washington

Available to Vancouver Public School students entering 6th through 12th grades

These physicals are provided by volunteers and are meant to target those athletes with difficulty accessing care or who **do not have health insurance**. These exams are not meant to replace regular health visits with your primary care provider*. *If you have access to primary care, please have your sports physical performed there.*

*Students with known cardiac, asthma, diabetes and/or seizure related issues or other conditions of concern cannot be served. If an abnormality is found, you will be referred to your primary care provider before being cleared for your sport.

Limited Space

You must sign up in the Business Office of your school

Sports physical staff will facilitate a referral to a primary care provider

October 29, 2021

November 5, 2021

2:15 – 3:45 pm @ Fort Vancouver HS

***February 28, 2022**

***March 7, 2022**

*3:00 – 4:45 pm @ Fort Vancouver HS

Students please bring:

- WIAA Sports Physical Form with the medical history portion completed and signed by parent before your physical.
- Wear loose fitting shorts and a t-shirt
- Signed permission slip IF NOT ACCOMPANIED BY A PARENT OR GUARDIAN

Forms are available at the school business office, and can be downloaded from our website at www.vansd.org (Click on Athletics, scroll down to Forms and click on Physical form and/or Parent Consent form).

****Those experiencing symptoms of COVID, have had exposure to someone who had COVID within the previous 14 days, or have had a positive COVID test in the past 10 days will not be allowed to have a physical completed****

Your child may be eligible for free or low-cost medical, dental and vision coverage through Washington Apple Health for Kids. You can find out more information or apply at the sports physicals. If you would like to apply, please bring proof of all household income, birth certificates for your children, and picture ID for your children 16 years and older.